

Dr. Praveen Fernandes is a distinguished psychiatrist with an extensive background in both clinical practice and medical education. He earned his medical degree (MBBS) from St. John's Medical College in Bangalore, India, where he graduated first in his class. He pursued his postgraduate residency in psychiatry at the Postgraduate Institute of Medical Education and Research in Chandigarh, India, and later completed a second residency in psychiatry at the University of Texas Southwestern Medical School in Dallas, Texas. Dr. Fernandes is board-certified in Psychiatry by the American Board of Psychiatry and Neurology and holds active licensure in Nebraska. His professional journey has been marked by significant contributions to teaching, research, and clinical practice.

Dr. Fernandes currently serves as the Chief Medical Officer at Omaha Insomnia and Psychiatric Services. Before this role, he worked at CHI Lakeside Psychiatric Associates and was a faculty psychiatrist at Creighton University School of Medicine, where he advanced from Instructor to Professor of Psychiatry, demonstrating his strong commitment to medical education. Additionally, Dr. Fernandes was a Staff Psychiatrist at the Omaha Veterans Affairs Medical Center, where he earned several accolades for his dedication to teaching and clinical excellence.

His special training includes certifications in Electroconvulsive Therapy and Transcranial Magnetic Stimulation, with additional expertise in managing hospital operations. Dr. Fernandes's fields of interest encompass general psychiatry, bipolar disorders, psychotherapy, and the application of advanced neurostimulation techniques for mood disorders. His contributions to psychiatry have been acknowledged with several awards, including the Golden Apple Award for Teaching and the Dedicated Teacher Award from Creighton University. His research and scholarly activities include numerous publications and presentations on topics ranging from psychopharmacology to quality outcomes in psychiatric care.

Beyond his clinical and academic roles, Dr. Fernandes has been actively involved in various committees and councils, contributing to the advancement of mental health services and medical education. His work reflects a deep commitment to improving patient care and fostering the development of future psychiatrists.